

**MORNING PASTERIES**

Scones.....2.5	Biscotti...2.5
Croissant.....2.5	Gluten-Free Brownie....2.5
Pan Au Chocolate...2.75	Breakfast Bars .... 2.25
Almond Croissant....2.75	Chocolate <u>OR</u>
Maple Butter Tarts....2.75	Vanilla Cupcakes ....3
Triple Chocolate Cookies....2.75	w/ Butter Cream Icing
Mini Cakes .....3.3	
(Lemon Poppy Seed, Chocolate Stout)	

**AVAILABLE MONDAY-FRIDAY, 11AM-4PM**

**SOUPS**

SOUP OF THE DAY w/ grilled bread	6
ANY SANDWICH & SOUP	12
ROASTED VEGETABLE CHIPOTLE CHILI Topped with cheddar & salsa w/ grilled maple corn bread.	8
BEANS & RICE Chili & brown rice topped with cheddar & salsa w/ grilled maple corn bread.	10

**PANINIS**

GRILLED HAM & CHEESE Shaved grilled ham & aged cheddar. Served w/ mixed greens.	8
GRILLED BOCCONCINI PANINI sundried tomato & pesto w/ mixed greens.	8
VEGETABLE & SUNFLOWER SEED PÂTÈ arugula, red onion & grainy Dijon w/ mixed greens.	9
SALAMI & PROVOLONE PANINI sundried tomato pesto & spinach pesto w/ mixed greens.	9
BLACK BEAN & SWEET POTATO BURRITO brown rice, cheddar, salsa & sour cream. Served w/ mixed greens.	10

**SALADS**

MIXED GREENS Raw carrot, beets, tomato, cucumber, and our house vinaigrette.	6
ADD CHEVRE	2
PERSILLADE POTATO SALAD	3
THREE BEAN SALAD W/ CORNBREAD GREEN BEANS, BLACK BEANS, WHITE BEANS, CHILI-CILANTRO DRESSING	7
Prices do not include tax	

**AVAILABLE EVERYDAY, 4PM-10PM**

SOUP OF THE DAY w/ grilled bread	6
ROASTED VEGETABLE CHIPOTLE CHILI Topped with cheddar & salsa w/ grilled maple corn bread.	8
BEANS & RICE Chili & brown rice topped with cheddar & salsa w/ grilled maple corn bread	10
BLACK BEAN & SWEET POTATO BURRITO brown rice, cheddar, salsa & sour cream. Served w/ mixed greens.	10
LUSCIOUS BEET & BEAN BURGER pickled cucumber, red onion, lettuce, tomato, grainy Dijon aioli, and mixed greens.	11
TURKEY & BOURSIN BURGER Red onion, lettuce, tomato, grainy Dijon aioli, served with mixed greens.	12
LAMB & CHEVRE BURGER Red onion, lettuce, tomato, herbed aioli, served with mixed greens or potato salad.	13
HOUSE MADE SAUSAGE with potato salad, mixed greens, grilled bread & grainy Dijon.	13
SMOKED CHICKEN & APPLE QUESADILLA grilled with black olives & tomato salsa with sour cream, and mixed greens.	12
PROSCIUTTO ON ARUGULA Reggiano & cherry tomatoes with lemon, olive oil & sea salt.	11
ROASTED BEET & BLUE CHEESE SALAD with toasted walnuts, lemon, olive oil & sea salt.	10
SMOKED SALMON On mixed greens with capers, cucumber, dill, and chives.	11
Prices do not include tax	

**BEVERAGES—NOW SERVING 49TH PARALLEL COFFEE!**

“DRIP” COFFEE	SM	2	LRG	2.5
ESPRESSO, AMERICANO				2.21
CAPPUCCINO				2.88
LATTE, HOUSE MADE COCOA				3.10
TEALISH TEAS				2.88
<i>(Orange Pekoe Ceylon, Organic Sencha Green, Rooibos, Chamomile Flower, Organic Peppermint, Earl Grey, Chai)</i>				
LIMONATA, ARANCIATA				3.10
COKE, DIET COKE, SPRITE, GINGER ALE, TONIC & SODA				2.75
TRY OUR ICED COFFEE AND BEVERAGES FOR THE SUMMER!				
PRICES DO NOT INCLUDE TAX				